

NICAS



National | Indoor | Climbing | Achievement | Scheme

LEARN TO CLIMB LIVE TO CLIMB

A national proficiency scheme to develop and accredit the skills of indoor climbing

The National Indoor Climbing Achievement Scheme is designed to develop climbing skills on artificial climbing walls. There are five awards of increasing technical skill and responsibility which are open to all climbers aged 7 and up.

Contact your nearest Awarding Centre or log onto www.nicas.co.uk

 **BMC**

