

London & South East

Amersham

The Climb, Bensheim Way, Chiltern Avenue, Amersham, Bucks, HP6 5AH. 01494 721112.

www.theclimb.co.uk

11m lead walls. Additional bouldering. Traverse wall. Mon-Thurs 1200-1600, 1800-2230, Fri 1200-1600, 1830-2230, Sat/Sun 1230-2130. £6.80/£7.85.



Aylesbury

Aylesbury College, Oxford Road Campus, Aylesbury, Bucks, HP21 8PB. 01296 588566.

www.aylesbury.ac.uk

Corner of the Sports Hall, bricks missing, concrete chimneys.

Banbury

Dewey SC, Bloxham School, Bloxham, Banbury, OX15 4PE. 01295 720072.

11m wall concrete wall with additional bouldering. Phone for hours and cost.

Basildon

High Sports Basildon, Basildon Sporting Village, Gloucester Park North, Basildon, Essex, SS14 3GR.

www.high-sports.co.uk

Dedicated centre with 10m main wall and boulder wall. Full height slab and overhanging sections. 2Tru-blu auto belay's. Mon-Fri 1200-2200 Sat/Sun 0900-1800 £8.60.



Bedford

Kempston Outdoor Centre, Hillgrounds Rd, Kempston, Bedford, MK42 8QQ.

KempstonOutdoorCentre@bedscc.gov.uk

5.3m high, 34m long. Mon 1800-2200, Wed 1800-2200, Sat 1500-20:00. £5.00.



Alexander SC, de Montfort University, Sidney Rd, Bedford, MK40 2BQ. 01234 345208. www.beds.ac.uk

Mon-Fri 1800-2200, Sat/Sun 0900-1700. £7.75.



Bexhill on Sea

Bexhill College, Turkey Rd, Bexhill on Sea, East Sussex, TN39 5HF. 01424 214545. www.bexhillcollege.ac.uk

40sqm 8m high wall with 4 lines. Mon-Fri 1700-2000, Sat/Sun 0900-2200. Check with college for holiday opening. £3.00.



Bognor Regis

The Arena, Bognor Regis Community College,

Westloats Lane, Bognor Regis, PO21 5JD. 01243 870000. 9m wall, 12TR lines, abseiling platform & 180sqm bouldering wall. Mon/Wed-Fri 1700-2230, Sat/Sun 0900-1800, at weekends call Arena to confirm hours. £4.50.



Bourne End

Bourne End Junior Sports Club, New Rd, Bourne End, Bucks, SL8 5BW. 01628 528110. www.bejsc.co.uk

6m lead/TR wall & separate bouldering wall. Mon/Tue/Thu 1700-2200.



Brighton

NIVEA SUN Yellowwave Beach Sports Venue. Brighton Beach, 299 Madeira Drive, Brighton, BN2 1PS. 01273 672222.

www.yellowwave.co.uk

Open air 10m traverse bouldering wall on Brighton Beach (3.5m high) with sand landing. Mon-Sun 1000-2200. £3.50-£4.50.



Broadstairs

Revolution Climbing Centre, Oakwood Ind Est, Dane Valley Rd, St Peters, Broadstairs, CT10 1LF.

01843 866706. sam@revolutionclimbingcentre.co.uk

www.revolutionclimbingcentre.co.uk

8TR/lead walls up to 9m, including 5m arch.

Bouldering cave and comp. style wall.

Tues, Wed, Fri, Sat 1000-2200, Sun 1000-2000. £5.00.



Cambridge

Kelsey Kerridge Sports Hall, Queen Anne Terrace,

Gonville Place, Cambridge, CB1 1NA. 01223 462226.

www.kelseykerridge.co.uk

Moulded concrete wall with roof and other features.

Mon-Sun 0900-2300. £4.70.



Cannington

Cannington Outdoor Activity Centre, Bridgwater

College, Cannington Centre for Land-based Studies, Cannington, Somerset, TA52LS. 01278 65 5241.

BONSTOWD@bridgwater.ac.uk

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Haverfield Rd

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Tel: 0208 981 5066

Craggy Island

9 Cobbett Park,

Moorfield Road

Slyfield Estate

Guildford GU1 1RU

Tel: 01483 565635

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WWW.DARTROCK.CO.UK

London & South East

DIRECTORY

Canterbury

Kings School Recreation Centre, 1 St Stevens Rd, Canterbury, CT2 7HU. 01227 595602. www.kingsrecreation.co.uk

Small outside breezeblock wall with stone inserts. Check with centre for availability.



University of Kent Sports Centre, Canterbury, Kent, CT2 7NL. 01227 827313. www.kent.ac.uk/sports

Vertical wall with 3 belays. Mon-Sun 0900-2200. (Usage restricted dependent on use of hall).



Cheshunt

Herts Young Mariners Centre, 213 Windmill Lane, Cheshunt, Herts, EM8 9AJ. 01992 628403.

www.hymb.com

Outdoor wall open 0930-dusk - floodlit on Wed until end Oct. £5.00. Annual Membership £5.00.



Chessington

Chessington Rocks, Chessington SC, Garrison Lane, Chessington, KT9 2JS. 0208 974 2277.

www.chessingtonsportscentre.co.uk

15 ropes, small bouldering area. Mon/Wed/Thu 1800-2200, Sat 0900-1300. £5.00.



Chichester

Chichester College Climbing Wall, Westgate Fields, Chichester, West Sussex, PO19 1SB. 01243 812936.

www.chichester.ac.uk/facilities/sportCentre

richard.lowe@chichester.ac.uk

8m high lead/TR wall, 20 climbing lines, bouldering area. Mon 1800-2130, Thu 1800-2130, Sat 1200-1700. £3.50 - £5.50.



Colchester

Essex University SC, Wivenhoe Park, Colchester, CO4 3SQ. 01206 873250.

www.essex.ac.uk/sport/indoor/climbingwall

Up to 8m high lead/TR walls. Bouldering wall with slabs, aretes etc. 250sqm. Mon-Fri 0900-2200, Sat/Sun 1000-1800. £3.10.



Go Bananas Play Co. Ltd, 9-10 Mason Road, Cowdray Centre, Cowdray Ave, Colchester, Essex, CO1 1BX. 01206 761761.

www.go-bananas.co.uk 6m by 2m wall, two auto belays, within an adventure play centre. Mon-Sun 0930-1830. £3.20-£3.95.



BIG RED Climbing Wall, Tiptree Community SC, Maypole Road, Tiptree, Colchester, CO5 0EJ.

01621 817499. tiptreesportscentre@colchester.gov.uk www.tiptreesportscentre.co.uk

85sqm with various features and overhangs. Please call for opening times.



Crawley

High Sports Crawley, K2, Pease Pottage Hill, Crawley, West Sussex, RH11 9BQ. 0845 363 1177.

www.high-sports.co.uk Dedicated centre with extensive 12m lead and TR. New Tru-Blue auto belay. Mon-Fri 1200-2200, Sat/Sun 0900-1830. £8.15.



Crowborough

Evolution Indoor Climbing, Plumyfeather Farm, Lye Green, Crowborough, East Sussex, TN6 1UX. 01892 862924.

www.evolutionindoorclimbing.co.uk

info@evolutionindoorclimbing.co.uk. 400sqm bouldering up to 5.5m. 11 belay lead climbing area. Small abseil tower. Large woodie training area. Tues-Thurs 1400-2200, Fri 1400-1800, Sat/Sun/School hols 1000-1800. £9.00.



Crowthorne

Wellington Sports Club, Wellington College, Dukes Ride, Crowthorne, Berks, RG11 7PU. 01344 444244.

www.wellingtoncollegesportsclub.co.uk

Up to 9m TR moulded concrete walls. Limited availability, check first.



Deal

Kingsdown Scout Camp, The Avenue, Kingsdown, Deal, Kent, CT14 8DU. 01304 362455.

Up to 5m high bouldering wall. 65sqm. Mon-Sun Apr-Sep 0900-2000 - Must phone 2 days in advance to book.





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For more information:

info@climbingwall.co.uk

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London & South East

East Grinstead

Blackland Farm, Grinstead Lane, East Grinstead, West Sussex, RH19 4HP. 01342 810493. blackland@girlguiding.org.uk
Up to 7m TR wall with moulded concrete, resin panels and bolt-on holds. 105sqm. Abseil tower available for hire.
Mon-Sun 0900-2100.



Eastbourne

University of Brighton Sports Centre, Denton Rd, Eastbourne, BN20 7BJ. 01273 643706.

www.brighton.ac.uk/sport/brighton

Traversing wall. Matted bouldering area.
Mon-Fri 0730-2200, Sat-Sun 0830-1730. Casual use available to members of sports centre.



Ely

Mepal Outdoor Centre, Chatteris Rd, Mepal, Ely, CB6 2AZ. 01354 692251. www.mepal.co.uk

Separate room at outdoor centre with 11m lead wall with more TR's. Phone to check availability & price.



Godalming

Charterhouse Club Climbing Wall, Duke's Drive, Charterhouse, Godalming, Surrey, GU7 2RS. 01483 239600.

www.charterhouseclub.com

Movable overhang and slab walls. Bouldering cave. Please check online for opening times.



Guildford

Surrey Sports Park, University of Surrey, Guildford. GU2 7AD.

01483 689111. www.surreysportspark.co.uk

Guildford's new climbing centre as part of Surrey Sports Park. 12m high wall, 60m of traversing, cave. Mon & Fri 1200-2200, Tue-Thur 1000-2200, Sat & Sun 1000-1800.



Craggy Island, Unit 9 Cobbett Park, Moorfield Rd, Guildford.

0844 8808866. www.craggy-island.com

Large dedicated centre. 1000+sqm of walls up to 10m lead/TR. Additional bouldering. Mon-Fri 1000-2200, Sat/Sun 1000-2000. £10.00.



Hampton

Hampton School Rock Wall, Hanworth Road, Hampton, Middlesex, TW12 3HD. 0208 9790476. staff@hamptonschool.org.uk

Up to 8m high outdoor moulded concrete lead/TR tower plus bouldering. Contact school for availability.

Harlow

Harlow Outdoors and Climbing Wall, Burnt Mill Lane, Harlow, Essex, CM20 2QS. 01279 620270. www.esseoutdoors.org
info@harlowoutdoors.com

1000sqm of TR/lead wall climbing, up to 14m, separate bouldering room. 10m outside wall.
Mon-Thurs 1000-2200, Fri 1000-2000 Sat/Sun 1000-1800.



Harrow

Harrow School, Football Lane, Harrow, Middlesex, HA1 3HP. 0208 864 9191. www.harrowschool.org.uk

Traverse wall plus 9m lead wall on outside of sports hall. Mon-Sun 0900-1300 term time, 0900-dusk during holidays. £1.00.

Rock Frog Harrow Wall, Harrow Leisure Centre, Christchurch Av, Harrow, HA3 5BD. 020 89015980.

www.rockfrog.co.uk

Lead wall, a selection of TR, and traverse wall. Mon-Thurs 1630-2200, Sat/Sun 1000-1630. £5.00.



Hatfield

Hertfordshire Sports Village, de Havilland Campus, Hatfield Business Park, Hatfield, Herts, AL10 9EU. 01707 281172. www.hertssportsvillage.co.uk

12m wall with bouldering cave & abseil facility. 8TR. Slab, vertical & overhanging lead walls. Bring your own quick draws. Mon-Fri 0600-2230, Sat 0800-1900, Sun 0800-2100. £7.00.



Hemel Hempstead

XC, Jarman Park, Hemel Hempstead, Hertfordshire, HP2 4JS. 01442 228 799. www.thexc.co.uk

enquiries@thexc.co.uk. 880sqm of climbing, bouldering, 15m roped area including autobelays and trad wall. High ropes course and 152m caving system. Mon-Sun 1000-2200. Costs see website.





CLIMBING CENTRE



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t: 01483 689111

surreysportspark.co.uk

London & South East

DIRECTORY

Hockley

Clements Hall LC, Clements Hall Way, Hawkwell, Hockley, Essex, SS5 4LN.

01702 207777. www.clementshall.co.uk

8m high block with rock insert wall. 300sqm. £4.50.

Please phone before visit.



Huntingdon

Grafham Water Centre, Perry, Huntingdon, Cambridgeshire, PE28 0BX. 01480 810521. www.grafham-water-centre.co.uk

10m wall, 72 sqm, 7 belay lines. TR/lead. Contact centre for opening times.



Ipswich

The Leading Edge, Copleston High School, Copleston Rd, Ipswich, IP4 5HD. 01473 274178.

9m lead/TR walls with slabs, overhangs etc.

Plus traverse wall.

Mon 1900-2200, Wed-Fri 1800-2200. £3.50.



Kings Langley

Phasels Wood Scout Camp, Rucklers Lane, Kings Langley, Herts, WD4 9NA. 01442 252851.

www.phaselswood.org.uk

11.5m lead/TR outdoor floodlit tower. 440sqm with 36m girdle traverse. Oct-Mar Mon-Sun 1000-Dusk,

Apr-Oct Mon-Sat 1000-2130, Sun 1000-Dusk. £3.50.



Lewes

Lewes LC, Mountfield Rd, Lewes, East Sussex, BN7 2XG.

01273 486000. www.waveleisure.co.uk/lewes

28sqm curved resin bouldering & TR wall. Mon 0730-2200,

Tue 0730-1800 & 2200-2300, Wed & Thur 0730-2200,

Fri 0730-2200, Sat 1500-2000, Sun 0900-2000. £3.50.



London

Sobell SC, Hornsey Rd, Holloway, London, N7 7NY.

0207 609 2166. 13m high curved resin lead wall, traverse corridor plus a variety of other wall surfaces.

Mon-Fri 1700-2200, Sat 1000-1800, Sun 1000-2000. £3.50.



Climb London East Ham, East Ham Leisure Centre, 324 Barking Road, E6 2RT. 0845 363 1144.

www.climblondon.co.uk

Dedicated wall with extensive 10m lead and TR routes plus bouldering cave. Mon-Fri 0700-2200, Sat/Sun 0800-1800. £7.60.



Climb London Crystal Palace, National Sports Centre, Leddington Road, SE19 8B. 0845 363 1144.

www.climblondon.co.uk

Completely re-built in 2010, large bouldering area plus TR. Mon/Tue/Thu 1730-2200, Wed 1400-2200, Fri no public entry. Sat/Sun 0945-1700. £7.30



Mile End Wall, Haverfield Rd, Bow, London, E3 5BE.

0208 980 0289. www.mileendwall.org.uk

Dedicated climbing centre with extensive bouldering facilities of all types. Up to 13m lead/TR walls. Mon-Thu 1200-2130, Fri 1200-2100, Sat/Sun 1000-1800. £7.00.



Westway SC, 1 Crowthorne Rd, London, W10 6RP.

0208 969 0992. www.westwaysportscentre.org.uk

One of London's biggest climbing centres with 67 lead lines & 55 TR lines up to 13.5m, incl. outdoor walls.

Bouldering wall catering for all levels. Mon-Wed & Fri 0930-2200, Thu 0800-2200, Sat/Sun 1000-2000. £9.75.



Castle Climbing Centre, Green Lanes,

Stoke Newington, London, N4 2HA. 0208 2117000.

www.castle-climbing.co.uk

One of the UK's largest dedicated indoor climbing centres with 98TR and lead walls from 7 to 13.5 m, 10 bouldering areas and 40m abseil tower for outdoor and indoor absails. Weekly resets and regular guest setters. Mon-Fri 1400-2200, Sat/Sun 1000-1900, Bank Hols 1000-2200. £11.50.



Climb London Hendon, Marble Drive, Hendon,

NW2 1XQ. 0845 363 1144. www.climblondon.co.uk

Dedicated climbing room with 8m high lead and TR routes. Mon-Fri 0900-2200, Sat/Sun 0900-1800. £6.10.





Climbing Walls

International
www.drclimbingwalls.com

Design Manufacture Installation



Bradford University



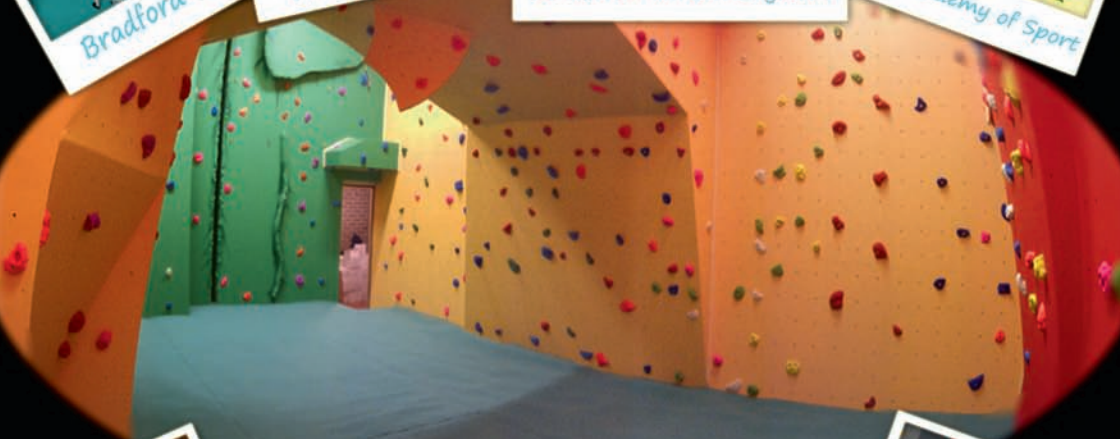
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St Comhghall's College



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Lancaster University



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London & South East

DIRECTORY

Climb London Hackney, Britannia Leisure Centre, 40 Hyde Road, Hackney, N1 5JU. 0845 363 1144.

www.climblondon.co.uk

Small resin wall with TR and bouldering.

Mon-Fri 0700-2200, Sat/Sun 0800-2000. £6.10.



Climb London Brixton, Brixton Recreation Centre, 27 Brixton Station Rd. SW9 8QQ. 0845 363 1144.

www.climblondon.co.uk

8m high TR routes and traversing.

Mon-Fri 1200-2200, Sat/Sun 0900-2000. £6.60.



Climb London Swiss Cottage, Adelaide Road, Camden, NW3 3NF. 0845 363 1144 www.climblondon.co.uk

Dedicated climbing wall with 14m lead and TR routes plus bouldering cave and new Tru-Blue auto belay.

Mon-Thu 1000-2200, Fri 0900-1900, Sat/Sun 1000-1800. £7.85.



Ethos Climbing Wall, Sport Imperial, Imperial College London, 7 Prince's Gardens, South Kensington, London, SW7 2AZ. 020 7594 6660. www.imperial.ac.uk/sports

14 lines - 9 TR and 5 lead. 3 overhangs, 2 vertical. TR on freeform, Lead on wood.

Mon-Fri 0700-2200, Sat & Sun 0800-2000.



Saab Ice Wall, Tower House, 3-11 Southampton St, Covent Garden, London, WC2E 7HA. 0207 395 1010.

london@vertical-chill.com, www.vertical-chill.com

Ice climbing wall running through the shop's 2 floors.

8m high. Learn to Ice Climb-£40. Tues 1230-1730,

Wed & Fri 1030-1730, Thurs 1030-1830, Sat 1000-1700,

Sun 1200-1600.



Camden Square Activity Park, Camden, London, NW1.

Open access boulder

Newham Boulder, 63 Drew Rd, London, E16.

Another open access boulder.

The Arch Climbing Wall, 6 Bermondsey Street, London, SE1 2ER. 0207 4070999 www.archclimbingwall.com

Dedicated bouldering centre in railway arch. Weekly resets. Mon-Fri 1200-2030, Sat/Sun 1100-2200. £10.00.



Shoreditch and Mabley Green Boulders.

Real rock boulders in Shoreditch Park N1 6TA and Mabley Green parks E9 5RN.

West 1 Climbing, Seymour Leisure Centre, Seymour Place, London W1. Baker Street tube. 0845 363 1177

www.high-sports.co.uk

Dedicated centre with lead/TR and bouldering.

Mon-Fri 1200-2200, Sat/Sun 0900-1900. £7.85.



Fairlop Waters Boulder Park, Forest Road, Barkingside, Essex, IG6 3HN. www.redbridge.gov.uk

9 outdoor boulders.

The Reach Climbing Wall, Unit 6 Mellish Estate,

Harrington Way, Woolwich, SE18 5NR. 020 8855 9598.

info@thereach.org.uk www.thereach.org.uk

11m TR/Lead wall. Mon-Fri 1400-2200, Sat/Sun 1000-1900.

£5.00 -£9.00.



Lowestoft

East Face Indoor Climbing Wall, Waveney SC, Water Lane, Lowestoft, NR32 2NH. 01502 569116. 95sqm wall. Ring first.



Maidstone

Maidstone LC, Mote Park, Willow Way, Maidstone, ME15 7RN. 01622 761111. www.maidstoneleisure.com

9m wall in sports hall. Block construction with rock insert holds. Phone to check availability. £3.00.



Midhurst

High Sports Midhurst, River Site, Lamberts Lane, Midhurst, GU29 9DT. 0845 363 1177.

www.high-sports.co.uk

Open evenings and weekends, 10m lead/TR.

Tues-Wed 1800-2200, Sat/Sun 0900-1800. £8.15.





high sports 

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Milton Keynes

Ellis Brigham Climbing Wall, Unit 32, Xscape, 602 Marlborough Gate, Avebury Boulevard, Milton Keynes, MK9 3XA. 01908 237748.

📍 www.vertical-chill.com 2 towers 10m and 13m plus bouldering wall. Self belay protection available. The wall is part of a retail complex.

Mon-Sat 1000-1900, Sun 1100-1700.



Caldecotte Project, George Amy Centre, 366 Simpson Rd, Milton Keynes, MK6 3AG. 01908 232042. 12m outdoor wooden tower with high ropes course attached. Phone for opening and prices.



Big Rock CC, Unit 1, Newmarket Court, Kingston, Milton Keynes, MK10 0AG. 01908 583128.

📍 www.bigrockclimbing.co.uk

Dedicated Centre. Up to 12m high lead/top roping. Auto belay available. 650sqm bouldering arena. Separate children's bouldering area.

Mon-Fri 1100-2200, Sat/Sun 1000-1900 £8.70.



Newbury

Waterside Centre, Toomers Wharf, Northbrook Street, Newbury, Berks RG14 1DS. 01635 41269.

Norwich

The Peak at Sportspark, University of East Anglia, Norwich, NR4 7TJ. 01603 592398.

📍 www.sportspark.co.uk 16 lines on 11m lead/TR wall with separate bouldering cave. Mon-Sun 0820-2200. £5.00.



The Norwich Boulder, Pinter Field, Off Aylsham Rd, Upper Hellesdon, Norwich, NR3. Open access boulder.

Oxford

Rock Solid, Oxford Brookes University, Gypsy Lane, Headington, Oxford, OX3 0BP. 01865 484373.

📍 www.brookes.ac.uk/sport/climb

Dedicated room 14m lead walls and bouldering area. Mon-Fri 0730-2300, Sat/Sun 0900-2200. From £4.00.



Iffley Road Bouldering Wall, Oxford University Sports Centre, Jackdaw Lane, Iffley Road, Oxford, OX4 1EQ.

📍 www.users.ox.ac.uk/~climbing

3m high 15m long vertical bouldering wall. Must be member of Oxford Uni. Mountaineering Club to use.



The Oxford Boulder, Fry's Hill Park, Oxford, OX4. Open access boulder.

Standlake Boulder, Standlake Village, Witney, Oxford. Open access boulder.

Peterborough

Peterborough CW, Town Sports Club, Bretton Gate, Peterborough, PE3 9UZ. 01733 260026.

📍 www.peterboroughclimbingwall.co.uk

20 lines up to 7m lead/TR plus bouldering cave.

Mon-Fri 1900-2200, Sat/Sun 1300-2100. £5.



Portsmouth

The Cellar, Peter Ashley Activity Centre, Fort Purdock, Portsdown Hill Rd, Portsmouth, P06 1BJ. 023 9232 1223.

140+sqm of underground bouldering.

Mon-Fri 0900-2100, Sat/Sun 0900-1300. £3.50.

Reading

Reading Climbing Centre, Unit 33, Robert Cort Industrial Estate, Britten Road, Reading RG2 0AU.

📍 www.readingclimbingcentre.com

90 TR/lead lines up to 14m high. Extensive dedicated bouldering area. Training Facilities.

Mon-Fri 1000-2200, Sat & Sun 1000-1800. £8.75.



The Drake Centre CW, Pangbourne College, Pangbourne, Reading, RG8 8LA. Ring first on 0118 976 7428.

Adventure Dolphin, Dolphin Centre, Whitchurch Road, Pangbourne, Reading, Berkshire, RG8 7DA.

📍 www.adventuredolphin.co.uk

Outdoor education centre - 8.5m TR/Lead ledge, volumes and overhangs.

Check website for more info.



Redhill

High Sports Redhill, Unit 6, Orchard Business Centre, Redhills, Surrey, RH1 5EL. 0845 363 1177,

www.high-sports.co.uk Training room 2010.

Dedicated dry-tooling area. Mon-Fri 1000-2200, Sat/Sun 0900-1830. £8.15.



Rochester

Arethusa Venture Centre, Lower Upnor, Rochester, ME2 4XB. 01634 296358. www.arethusa.org.uk

10m outdoor TR wall with wheelchair abseil ramp. Separate bouldering room and indoor lead wall. Tue/Wed 1700-2100, Sat/Sun 1300-1800. £6.50.



Sherborne

Oxleys Sports Centre, Bradford road, Sherborne, Dorset DT9 3DA. 01935 818270 www.oxleysc.com

7m Lead/TR walls.

Wed 1800-2100, Fri 1800-2000. £7.



Shoreham-by-Sea

Adur Outdoor Activities Centre, Brighton Rd, Shoreham-by-Sea, West Sussex, BN43 5LT. 01273 462928.

www.aoc.org.uk adur.outdoor@westsussex.gov.uk

10 metre high wall, 300sqm, 26 ropes, 4m high bouldering wall. Mon-Fri 0900-2200, Sat & Sun 0900-1700.



PRIMARY NICAS

Southampton

Calshot Activities Centre, Calshot Spit, Fawley, Hampshire, SO45 1BR. 023 8089 207

calshot.ac@hants.gov.uk, www.calshot.com

1200sqm of wall surface, 82 rope lines, over 300 routes, Mixed TR & leading up to 14m high. Large bouldering wall, traverse walls and campus board.

Mon/Tues/Fri 1800-2200, Wed/Thurs 1400-2200,

Sat 1000-1900 (1730 Apr-Sept), Sun 1000-1700. £6.40-£10.



ABC PRIMARY NICAS

Southampton Climbing Centre, St Mary's Rd, St Mary's, Southampton, SO14 0BL. 023 8022 7579.

stmarys.lc@southampton.gov.uk

19TR lines and bouldering. No lead climbing.

Mon-Fri 0845-2200, Sat/Sun 1000-1800. £3.70.

NICAS

Stowmarket

The Cragg, Mid Suffolk LC, Gainsborough Rd, Stowmarket, IP14 1LH. 01449 674980. adam.fletcher@midsuffolk.gov.uk

440sqm of wall, new bouldering room, lead and TR lines, Traverse wall. Mon-Fri 0800-2230, Sat 0800-1730, Sun 0800-2100. £2.75-£4.90.



Sunbury

The Heights, Sunbury LC, Nursery Rd, Sunbury, Middlesex, TW16 6LG. 01932 772287.

www.heightscc.co.uk

12 belays on 9m wall. Tue 1700-2200, Wed 1800-2200, Thu 2000-2200, Sat/Sun ring first. £3.60.



Sutton

Craggy Island, Oaks Park Sports Centre, Woodmansterne Rd, Carshalton, Surrey, SM5 4AN. 0844 8808866.

www.craggy-island.com Dedicated bouldering centre, 100sqm with caving system. Mon/Tues/Thurs 1600-2200, Wed/Fri 1230-2200, Sat/Sun 1000-2000. £10.00.



High Sports Sutton, Sutton Life Centre, 24 Alcorn Close, Sutton, Surrey, SM3 9PX. 0845 363 1177

www.high-sports.co.uk Outdoor wall - 12 lines with slab to steep overhangs. Open 7 days.



Tidworth

Tidworth LC, Nadder Rd, Tidworth, Hants, SP9 7QN. 01980 847140. www.wiltshire.gov.uk

60sqm lead/TR wall.

Only open to general public on Saturdays. Phone first.

Upminster

Stubbers Adventure Centre, Ockendon Rd, Upminster, Essex, RM14 2TY. 01708 224753. www.stubbers.co.uk

Outdoor lead/TR/abseil tower 11.3m high. 210sqm. 0830-dusk. £4.50.



Uxbridge

Brunel University Sports Hall, Kingstone Lane, Uxbridge, Middlesex, UB8 3PH. 01895 265305.

📍 www.brunel.ac.uk/sport sports.centre@brunel.ac.uk
75m lead & bouldering walls with separate bouldering room. Mon-Fri 0730-2230, Sat & Sun 0900-1900.

Wall maybe closed at certain times of the year to accommodate University functions, please call to check.



Walton

High Sports, Elmbridge Xcel Centre, Waterside Drive, Walton, Surrey, KT12 2JG. 0845 363 1177.

📍 www.high-sports.co.uk Dedicated centre with 12m high lead and TR, traverse wall and new Tru-Blue auto belay. Mon-Fri 1200-2200, Sat/Sun 0900-1930. £8.15.



Watford

Watford Leisure Centre, Peace Prospect, Watford, Hertfordshire, WD17 3HA. 01923 296750.

📍 www.everyoneactive.co.uk
Dedicated room, 12.5m Lead/TR wall, 7 lines. 125sqm heavily featured wall. Mon-Fri 0630-2200, Sat/Sun 0800-1900.



Whitchurch

Testbourne Community School, Micheldever Rd, Whitchurch, Hants. 01256 892261.

📍 www.testbourne.hants.sch.uk
66sqm wall. Mon 2030-2200, Wed 1830-2000. £3.00.

Witham

Fairplay Outdoor Ed Centre, Fairplay House, Station Rd, Wickham Bishops, Witham, Essex, CM8 3JL.

01621 891213/613.
9m outdoor moulded concrete tower. Lead/TR/bouldering/abseiling. 360sqm. Daylight hours. £4.00.

Worthing

Worthing LC, West Park, Shaftesbury Ave, Worthing, West Sussex, BN12 4ET. 01903 502237.

📍 www.worthingleisure.co.uk
Old style 10m TR wall with wooden features (inc 6m jamming crack) Plus 15m traverse wall. Phone first as 'casual use may be available'.

Wymondham

Wymondham LC, Norwich Rd, Wymondham, Norfolk, NR18 0NT. 01953 607171. wymondhamlc@s-norfolk.gov.uk

Wall has three sections of differing gradients, as well as a bouldering room and a teaching wall. Mon-Fri 0830-2230, Sat & Sun 0830-1730, Closed Tue 2000-2230 due to course. Adults £5.50, Under 16s £3.30.



South West

Alton

High Sports Alton, Chawton Park Road, Alton, Hampshire, GU34 1RQ.

0845 363 1177. 📍 www.high-sports.co.uk
Dedicated centre with new Tru-Blue auto belay. Mon-Fri 1200-2200, Sat/Sun 0900-1800. £8.15.



Barnstaple

The Rock and Rapid Adventure Centre, Hacche Mill, South Molton, Devon, EX36 3NA. 0333 600 6001.

📍 www.rockandrapidadventures.co.uk
11m walls and bouldering area. Up to 60 lead/TR routes. Mon-Fri 1000-2200, Sat/Sun 1000-1800.



Bishops Cleeve

Bishops Cleeve SC, Two Hodges Rd, Bishops Cleeve, Gloucestershire, GL52 4AD. 01242 673581.

Old fashioned raised brick wall. Evenings/weekends.

Bodmin

Vitalise Churchtown, Lanlivery, Bodmin, Cornwall, PL30 5BT. 01208 872148. churchtown@vitalise.org.uk,

📍 www.vitalise.org.uk
52sqm tower with wheelchair abseil and zip wire. Booking required, call centre for details.



Bournemouth

Bournemouth University Dept of Sport & Recreation, Fern Barrow, Bournemouth, BH12 5BB. 01202 965012.

7m high lead/TR/bouldering wall. Mon-Thu 0800-2200, Fri 0800-1800, Sat/Sun 0900-1700. £4.50.

